

## Nutrition and Lifestyle Medicine Full Time 2025-2026 Timetable

MODULE CODE	MODULE TEACHING DATES	ASSIGNMENT DEADLINE(S)	PROVISIONAL MARK AVAILABLE ON SOLE	EXAM BOARD
<b>SEMESTER 1</b>				
<b>NUTH4041</b> Approaches to nutrition and lifestyle medicine	<p><b>Attendance block 1</b> Monday 8<sup>th</sup> September 2025 (includes induction) (10-5) Tuesday 9<sup>th</sup> September 2025 (10-5) Wednesday 10<sup>th</sup> September 2025 (10-5)</p> <p><b>Synchronous online</b> Wednesday 17<sup>th</sup> September 2025 (10-4) Thursday 18<sup>th</sup> September 2025 (10-4) Wednesday 1<sup>st</sup> October 2025 (10-4) Thursday 2<sup>nd</sup> October 2025 (10-4) Wednesday 8<sup>th</sup> October 2025 (10-4) Thursday 9<sup>th</sup> October 2025 (10-4)</p> <p><b>Online Tutorials:</b> Wednesday 15<sup>th</sup> October 2025 (10-12) Wednesday 22<sup>nd</sup> October 2025 (9-3)</p>	13 <sup>th</sup> November 2025 Case study and PDP 19 <sup>th</sup> November 2025 Practical Assessment	11 <sup>th</sup> December 2025	TBC
<b>NUTH4042</b> Nutrition in early years adolescence and reproduction	<p><b>Synchronous online</b> Friday 14<sup>th</sup> November 2025 (10-4) Friday 21<sup>st</sup> November 2025 (10-4) Friday 28<sup>th</sup> November 2025 (10-4) Friday 12<sup>th</sup> December 2025 (10-1)</p> <p><b>Online Tutorials:</b> Friday 12<sup>th</sup> December 2025 (1-5)</p>	23 <sup>rd</sup> January 2026	20 <sup>th</sup> February 2026	TBC
<b>NUTH4046</b> Research methods	<p><b>Attendance block 1</b> Thursday 11<sup>th</sup> September 2025 (10-5) Friday 12<sup>th</sup> September 2025 (10-5)</p> <p><b>Synchronous online</b> Wednesday 24<sup>th</sup> September 2025 (10-5) Thursday 25<sup>th</sup> September 2025 (10-5) Thursday 23<sup>rd</sup> October 2025 (10-5)</p> <p><b>Online tutorials:</b> Wednesday 5<sup>th</sup> November 2025 (10-3)</p>	12 <sup>th</sup> December 2025	16 <sup>th</sup> January 2026	TBC
<b>SEMESTER 2</b>				
<b>NUTH4043</b> Nutrition and lifestyle medicine in adults	<p><b>Attendance block 2</b> Monday 26<sup>th</sup> January 2026 (10-5)</p> <p><b>Synchronous online</b> Wednesday 4<sup>th</sup> February 2026 (10-4) Wednesday 11<sup>th</sup> February 2026 (10-4)</p>	26 <sup>th</sup> March 2026	30 <sup>th</sup> April 2026	TBC

	<p>Wednesday 25<sup>th</sup> February 2026 (10-1)</p> <p><b>Online tutorials:</b> Wednesday 4<sup>th</sup> March 2026 (10-3)</p>			
<p><b>NUTH4044</b> <b>Applications of nutrition and lifestyle medicine</b></p>	<p><b>Attendance block 2</b> Tuesday 27<sup>th</sup> January 2026 (10-5) Wednesday 28<sup>th</sup> January 2026 (10-5)</p> <p><b>Synchronous online</b> Thursday 5<sup>th</sup> February 2026 (10-4) Friday 6<sup>th</sup> February 2026 (10-4) Thursday 12<sup>th</sup> February 2026 (10-4) Friday 13<sup>th</sup> February 2026 (10-4) Thursday 26<sup>th</sup> February 2026 (10-4) Friday 27<sup>th</sup> February 2026 (10-4)</p> <p><b>Online tutorials:</b> Friday 20<sup>th</sup> March 2026 (9-4)</p>	<p>Thursday 9<sup>th</sup> April 2026 Case Study/PDP Wednesday 15<sup>th</sup> April 2026 Practical assessment</p>	<p>7<sup>th</sup> May 2026 13<sup>th</sup> May 2026</p>	<p>TBC</p>
<p><b>NUTH4047</b> <b>Dissertation</b></p>	<p><b>Attendance block 2</b> Thursday 29<sup>th</sup> January 2026 (10-5) Friday 30<sup>th</sup> January 2026 (10-5)</p> <p><b>Synchronous online</b> Wednesday 6<sup>th</sup> May 2026 (10-5) Wednesday 22<sup>nd</sup> July 2026 (10-5) One more date in autumn 2026 (10-5) - TBC</p>	<p>4<sup>th</sup> December 2026</p>	<p>8<sup>th</sup> January 2027</p>	<p>TBC</p>
<b>Semester 3</b>				
<p><b>NUTH4045</b> <b>Clinical medicine and business development</b></p>	<p><b>Attendance block 3</b> Wednesday 10<sup>th</sup> June 2026 (10-5) Thursday 11<sup>th</sup> June 2026 (10-5) Friday 12<sup>th</sup> June 2026 (10-5)</p> <p><b>Synchronous online</b> Wednesday 24<sup>th</sup> June 2026 (10-1) Thursday 25<sup>th</sup> June 2026 (10-1) Friday 26<sup>th</sup> June 2026 (10-1) Wednesday 8<sup>th</sup> July 2026 (10-1) Thursday 9<sup>th</sup> July 2026 (10-1) Friday 10<sup>th</sup> July 2026 (10-1) Wednesday 19<sup>th</sup> August 2026 (10-1) Thursday 20<sup>th</sup> August 2026 (10-1) Friday 21<sup>st</sup> August 2026 (10-1) Thursday 3<sup>rd</sup> September 2026 (10-1) Friday 4<sup>th</sup> September 2026 (10-1)</p> <p>* Online and group tutorials will be available as required</p>	<p>3<sup>rd</sup> September 2026 (Business plan poster Clinic competencies) 25<sup>th</sup> September 2026 (critical reflection)</p>	<p>23<sup>rd</sup> October 2026</p>	<p>TBC</p>
<p><b>NUTH4048</b> <b>Negotiated learning in advancing medicine</b></p>	<p><b>NA by supervision only</b></p>	<p>25<sup>th</sup> September 2026</p>	<p>23<sup>rd</sup> October 2026</p>	<p>TBC</p>

